



AUGUST | 2018

Kirtland Middle and High School * *Subject to Change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22 WELCOME BACK BURGER BAR DAY WITH BBQ BEANS AND TATOR TOTS Salad Bar with a Variety of Fresh Veggies Peach Cup, Watermelon, or Fruit Juice Choice of Milk	23 SUPER NACHO'S WITH BAKED TOSTITOS Choice of Sides: Salad Bar with a Variety of Fresh Veggies, Black Bean/Corn Salsa, Assorted Fruit Cups, Apple Slices Choice of Milk	24 DOMINO'S PIZZA
27 CHEESE FILLED BREADSTICKS WITH MARINARA SAUCE Choice of Sides: Salad Bar with Assorted Fresh Veggies, Fresh Fruit, Juices, Peach Cups, Choice of Milk	28 CHICKEN NUGGETS AND GOLDEN CORN Choice of Sides: Salad Bar with Assorted Fresh Veggies, Orange Wedges, Fruit Juice, Choice of Milk	29 TERIYAKI CHICKEN WITH SEASONED RICE Choice of Sides: Salad Bar with Assorted Fresh Veggies, Fresh Fruit, Juices, Applesauce, Choice of Milk	30 FRESH ENCHILADA'S WITH MEAT, BEANS, CHEESE AND RICE Choice of Sides: Romaine Salad, Black Bean/Corn Salsa, Assorted Fruit Cups, Apple Slices Choice of Milk	31 DOMINO'S PIZZA

Welcome Back

We are pleased to have all our students and staff back for another great school year.

Each day in addition to the listed menu lunch we also offer:

**Crispy Chicken Sandwiches
A variety of Wraps
Hamburgers or Cheeseburgers
&
Yogurt Parfaits**

A full salad bar and a variety of fruit is offered daily along with 8 oz of flavored or low fat milk with all entrée choices.

BREAKFAST IF OFFERED DAILY

Kirtland has breakfast available daily for all Middle and High School students at the Kirtland High cafeteria.

A variety of breakfast grain items, fruit, juice, and milk as well as an Enhanced breakfast with fruit and yogurt smoothies is also available.

Breakfast is an important meal to kick off your instructional day. I hope you will give ours a try.

**LUNCH WITH MILK \$3.50
BREAKFAST/ \$1.90/ENHANCED
YOGURT SMOOTHIE \$2.50
MILK ONLY .50**